WHAT IS CLAIMED IS:

- 1. An electrode for a secondary electrochemical cell comprising a silicon nanofilm or a lithium alloy thereof.
- 2. The electrode of claim 1, wherein the silicon nanofilm alloys with lithium at ambient temperature.
- 3. The electrode of claim 1, wherein the lithium alloy has a theoretical stoichiometry Li_xSi , and x is at least about 2.1.
- 4. The electrode of claim 1, wherein the silicon nanofilm is not greater than about 200 nm thick.
- 5. The electrode of claim 4, wherein the silicon nanofilm is not greater than about 100 nm thick.
- 6. The electrode of claim 1, wherein the silicon nanofilm is substantially amorphous.
- 7. The electrode of claim 1, wherein the silicon nanofilm is synthesized by physical vapor deposition.
- 8. A electrode for a secondary electrochemical cell comprising a silicon nanoparticle or a lithium alloy thereof, wherein the diameter of the silicon nanoparticle is not greater than about 50 nm in diameter.
- 9. The electrode of claim 8, wherein the silicon nanofilm alloys with lithium at ambient temperature.
- 10. The electrode of claim 8, wherein the lithium alloy has a theoretical stoichiometry Li_xSi , and x is at least about 1.05.
- 11. The electrode of claim 8, wherein the silicon nanoparticle has a crystalline domain.
- 12. The electrode of claim 8, wherein the silicon nanoparticle is synthesized by inert gas condensation and ballistic consolidation.
- 13. An electrode for a secondary electrochemical cell comprising nanostructured silicon or a lithium alloy thereof, wherein the electrode does not comprise carbon black.
- 14. The electrode of claim 13, wherein the silicon nanofilm alloys with lithium at ambient temperature.

- 15. The electrode of claim 13, wherein the specific capacity is at least 1000 mAh/g.
- 16. The electrode of claim 15, wherein the specific capacity is at least 2000 mAh/g.
 - 17. The electrode of claim 13, wherein the cycle life is at least about 20.
- 18. The electrode of claim 13, wherein the specific capacity at 100C is at least about 2/3 of the specific capacity at C/4.
- 19. The electrode of claim 13, wherein the nanostructured silicon comprises a silicon nanoparticle.
- 20. The electrode of claim 13, wherein the nanostructured silicon comprises a silicon nanofilm.
- 21. A method of synthesizing a silicon nanoparticle comprising evaporating elemental silicon into a gas, thereby forming a silicon nanocrystal, wherein the gas comprises hydrogen.
 - 22. The method of claim 21, wherein the gas further comprises nitrogen.
- 23. The method of claim 21, wherein the elemental silicon is substantially pure silicon.
- 24. The method of claim 21, wherein the silicon nanocrystal is entrained in the gas, the method further comprising:

accelerating the gas and entrained nanocrystal; and depositing the nanocrystal on a substrate.

- 25. A silicon nanoparticle synthesized by a method comprising evaporating elemental silicon into a gas, thereby forming a silicon nanocrystal, wherein the gas comprises hydrogen.
- 26. A secondary electrochemical cell comprising an anode, a cathode, and an electrolyte, wherein the anode comprises a silicon nanofilm or a lithium alloy thereof.
- 27. The secondary electrochemical cell of claim 26, wherein the silicon nanofilm is not greater than about 200 nm thick.
- 28. The secondary electrochemical cell of claim 26, wherein the secondary electrochemical cell is a battery or an electrochemical supercapacitor.

29. A secondary electrochemical cell comprising an anode, a cathode, and an electrolyte, wherein

the anode comprises a silicon nanoparticle or a lithium alloy thereof, and the diameter of the silicon nanoparticle is not greater than about 50 nm in diameter.

- 30. The secondary electrochemical cell of claim 29, wherein the silicon nanoparticle is synthesized by inert gas condensation and ballistic consolidation.
- 31. The secondary electrochemical cell of claim 29, wherein the secondary electrochemical cell is a battery or an electrochemical supercapacitor.
- 32. A secondary electrochemical cell comprising an anode, a cathode, and an electrolyte, wherein

the anode comprises nanostructured silicon or a lithium alloy thereof, and the anode does not comprise dispersed carbon black.

- 33. The secondary electrochemical cell of claim 32, wherein the nanostructured silicon comprises a silicon nanoparticle.
- 34. The secondary electrochemical cell of claim 32, wherein the nanostructured silicon comprises a silicon nanofilm.
- 35. The secondary electrochemical cell of claim 32, wherein the secondary electrochemical cell is a battery or an electrochemical supercapacitor.